

# MEGAN LAWLESS

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## EDUCATION

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### ***Bachelors in Nutrition and Dietetics***

Arizona State University

[Tempe, Arizona]

- Graduated Summa Cum Laude

## PRACTICUM

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### ***Baptist Health System Dietetic Internship***

August 2010-May 2011

- Outpatient experience- individual counseling and group education
  - In-person and telephone counseling of individual bariatric patients prior to weight loss surgery.
    - Assessed patient's likelihood of success and made recommendations to insurance providers regarding coverage of the patient's surgery.
    - Guided patients in selecting monthly nutrition and physical activity goals.
  - Conducted group education classes on the pre and post operative bariatric diet.
  - Counseled high risk participants of the Women, Infants, and Children food program.
    - Interviewed clients in order to identify inappropriate nutrition practices.
    - Provided verbal and printed education to help participants make changes.
    - Referred participants to appropriate agencies and healthcare providers as necessary.
- Adult clinical experience, including staff relief
- Hospital and school based food service management experience.
- Neonatal and pediatrics, infectious disease, and long term care.
- Designed and coordinated employee wellness activities and a health fair for National Nutrition Month.

### ***Maricopa County Department of Public Health- Office of Nutrition Services***

Spring 2010

- Created a comprehensive nutrition education resource booklet, with a focus on bulletin board instruction, to address the local wellness policy needs of Maricopa County Schools.
- Promoted topics such as hand hygiene and healthy snack choices at school health fairs.

## RELEVANT EXPERIENCE

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### ***Clinical Dietitian (PRN)***

Kindred Hospital

[San Antonio, Texas]

June 2011-Present

- Educate patients and families on therapeutic diets.
- Develop care plans based on diet history, food preferences, and other pertinent information.
- Provide specialized nutrition support recommendations for enteral and parenteral nutrition.
- Participate with the interdisciplinary team in evaluating plans of care.

### ***Outpatient nutrition counseling-Volunteer assistant/student***

Cigna Medical Group

[Mesa, Arizona]

November 2009-February 2010

- Prepared educational materials for diabetic patients.
- Assisted the Registered Dietitian with diabetic classes.
- Assessed weight loss program participants using anthropometric measurements.
- Shadowed the Registered Dietitian during individual counseling appointments.

### ***Chair of Foods Committee***

Students Act Now for Sustainability Club

[Mesa, Arizona]

December 2008-May 2010

- Launched Aramarks's Green Plate initiative on the Polytechnic campus.
- Helped establish the University's first community garden.
- Volunteered at the inaugural Earth Day "Feastival" 2009.

***Director of Marketing***

Students Act Now for Sustainability Club [Mesa, Arizona]

December 2008-May 2010

- Prepared promotional materials for club events.

***Hunger in America Study-Surveyor***

United Food Bank and Feeding America [Mesa, Arizona]

April 2009

- Collected information on the demographics of emergency food clients and the efficacy of the agencies meeting their needs.

***House of Refuge afterschool center - Volunteer***

Student Nutrition Council [Mesa, Arizona]

October 2009

- Taught a segment of a nutrition lesson and engaged the children in physical activity.

WORK HISTORY

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***Nanny/ Childcare provider***

Self employed, various families [Gilbert, Arizona]

August 2005- July 2010

- Guided the children in meeting their developmental benchmarks.
- Assisted in bathing and feeding.
- Spoke Spanish daily, working with a bilingual clientele.

***Café Supervisor***

Lifetime Fitness [Gilbert, Arizona]

October 2003- Spring 2005

- Supervised 5 employees per shift at a café specializing in nutritious meals and health supplements.
- Duties included food prep, cashier work, enforcing sanitation guidelines and employee conduct.

HONORS AND ORGANIZATIONS

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***The Outstanding Dietetic Student of the year***

April 2010

- Awarded by the Arizona Dietetic Association

***Outstanding Scholar Award- College of Nursing and Health Innovation***

May 2010

- Awarded by Arizona State University

***Participant in Women in Science Technology Engineering and Mathematics (STEM) research project***

Spring 2008

- Selected from a group of my peers in STEM majors, based on merit, to be a part of a research and discussion group at a lecture and banquet.
- The research, on the barriers women in STEM face, was funded by the National Science Foundation

***San Antonio Dietetic Association***

August 2010-Present

- Volunteered at a community health fair, taking body fat measurements and promoting good nutrition.

***American Dietetic Association***

Spring 2008- Present

***American Society for Parenteral and Enteral Nutrition***

August 2011-Present